YOGA WORKSHOP Sve evert

YOGA KALA MURWILLUMBAH NOVEMBER 2020 - FRI 6 & SAT 7

Friday 5.30pm-7.30pm - Restorative Session

Saturday 7am-12noon Includes a 30 mins break - Asana Session & - Pranayama Session

ALL ENQUIRES + BOOKING

Julie Dixon - 0432 224 520

\$200 = full weekend / \$175 = early bird if paid by Fri Oct. 23

Working with Senior Intermediate 3 Iyengar Yoga teacher Sue Everett, transformed my understanding. I seriously loved it! She shares her depth of experience so clearly & easily that it elevated my practice to a whole new perspective. My advice? Don't miss this opportunity.