

TEACHER DEVELOPMENT *Seminars*

YOGA KALA - MURWILLUMBAH

MARCH - Mon 2 to Wed 4, 2020

SEPTEMBER - Mon 21 to Wed 23, 2020

SCHEDULE

- 9am-11am = Class
- 12.30pm-3.30pm = Q&A + Practicals
- 5 hours daily

FEE

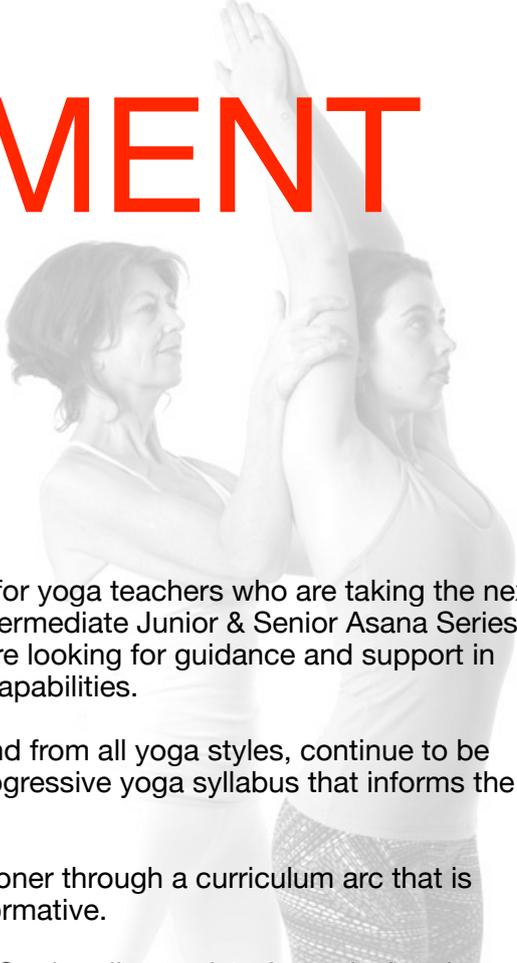
- \$390 = early bird if paid 10 days prior to start date
- \$420 = after early bird

ALL ENQUIRES + BOOKING

Julie Dixon: 0432 224 520

“ Sue Everett facilitates a progression of understanding, communication & support needed for our development as yoga teachers. This time to learn & absorb has been invaluable. ”

TEACHER DEVELOPMENT Seminars



ABOUT -

The Yoga Teacher Development Seminar-YTDS is designed for yoga teachers who are taking the next step in their development by working with the syllabus of Intermediate Junior & Senior Asana Series in Iyengar Yoga, and for yoga teachers from other styles that are looking for guidance and support in deepening their skills in teaching to students of all levels & capabilities.

It is well known that yoga teachers from all over the world and from all yoga styles, continue to be guided by Shri BKS Iyengar's legacy of a systematic and progressive yoga syllabus that informs the practitioner's progress and understanding at a deep level.

This collective syllabi in Iyengar Yoga takes the yoga practitioner through a curriculum arc that is challenging, educational, supportive, informative and transformative.

These structured Yoga Teacher Development Seminars-YTDS primarily consist of practical and experiential learning delivered in group contact sessions. Also included is a practical approach to yoga philosophy, which underpins and sustains a classical yoga practice.

The Yoga Teacher Development Seminars-YTDS, offers pathways to a more varied experience for the practitioner/teacher, which is vital to challenging personal development and nurturing maturity.

TESTIMONIALS -

"These sessions really helped me get fired-up, focused & ready for the next level of assessment..."

"I teach a different style of yoga and yet I felt completely supported in this learning environment. Practicing & teaching on my own can feel isolating at times, so I absolutely loved having time to just be a student of yoga & share the process with others in the group ..."

"I have found these seminars to be very inspiring. I have really improved my teaching skills & understanding of how to deliver this subject more effectively to my students."

"The challenges of working towards a higher level of qualification on your own is something many of us face; juggling teaching & practice etc. I found these sessions clarifying and really it assisted with my focus - also it was enjoyable being with other teachers who are on the same path..."

"I must say that when I started thinking about the Intermediate Junior/Senior series of certification I was a little daunted, but joining these seminars made the next step seem possible... I feel inspired to put in the work now!"